

Transcript for Donning Video

10/7/14

The purpose of this video today is to demonstrate proficiency in applying and removing PPE. Marie DeRosia from Concord Hospital is going to demonstrate donning PPE. The first step we always take is hand hygiene, before we do anything else.

Now that our hands are sanitized the next step is to put on a gown. Marie is going to select the appropriate type and size. The opening of the gown is in the back. You need to secure the gown at the neck and waist. Do not tie it in the front.

The second step is to don a mask. Place the mask over your nose, mouth, and chin. Fit the flexible nose piece over the nose bridge. Secure it on your head with ties or elastic and adjust it to fit.

The next step is to don eye and face protection if required. Position the goggles over your eyes and secure them to your head using the ear pieces. Or another option is to position a mask with a face shield over your face and secure it, and adjust it to fit comfortably.

Then last step is to don the gloves, and you always don the gloves last. Select the correct type and size, insert the hands into gloves, and extend the gloves over the isolation gown cuffs. And please keep in mind when dealing with a patient with copious excretions or someone who has *C. diff.* wear two pairs of gloves to avoid cross-contamination.

And that is donning PPE. Thank you, Marie.