

Sample Cafeteria Survey

These healthier alternatives can be sold in the cafeteria or vending machine.
Please check the ones you would purchase.

- 94% fat-free popcorn
- Fruit and nut trail mix bars
- Granola bars
- Energy bars
- Low-fat and low-sodium soups
- Fat-free (skim) yogurt containing Splenda or Nutra Sweet
- Low-fat yogurt (no Splenda or Nutra Sweet)
- Low-fat smoothies (no Splenda or Nutra Sweet)
- Veggie burgers
- Whole-wheat or whole-grain bread
- Other: _____
- Other: _____
- Other: _____