



Medical Documentation for Medically Fragile Participants and Supplemental Foods

Necessary requirements for the provision of special formula, additional standard formula & supplemental foods:

Qualifying conditions Medical documentation is federally required to ensure that the patient under your care has a medical condition that requires the use of special formula (or additional standard formula—see standard-contract formulas below) and that WIC foods are precluded, restricted, or inadequate to meet their special nutritional needs. As the health care provider (HCP), you are verifying you have seen and evaluated the patient's nutrition and feeding problem(s) and symptoms determining he/she has a serious medical condition. There are non-qualifying conditions that will not be accepted for the provision of special formulas. See [NH WIC Contract & Special Formulas—Qualifying and Non-Qualifying Conditions for the WIC Approved Special Formulas Fact Sheet](#). (page 2)

Request for Special Formula Form (RSF)

Documentation requirements are included on the *Request for Special Formula and Authorization for WIC Supplemental Foods Form* including the allowance of the WIC nutritionist to determine the supplemental foods, amount and length of issuance unless directed otherwise by the prescribing HCP. Medical documentation is valid for up to 12 months. Request for Special formula are subject to WIC approval and the continued need for a special formula will be re-evaluated on a periodic basis. See [Request for Special Formula and Authorization for WIC Supplemental Foods form](#).

WIC and Medicaid/NH Medicaid/Managed Care Organization (MCO)

WIC continues to coordinate with the New Hampshire Medicaid Program for the provision of special formulas for dually enrolled participants of both programs. For dually enrolled participants on WIC and Medicaid, NH Medicaid/Managed Care Organization (MCO) determines and provides special formulas. Healthcare providers should work directly with the participant's MCO for the requirements/additional forms/prior authorization for the provision of special formulas. Because WIC may need to provide the special formula prescribed temporarily, a completed WIC Request for Special Formula form is needed.

Special formulas Special formula is for an infant who has medical or dietary problems such as inborn errors of metabolism, low birth weight or prematurity. Special formulas may also be prescribed for children or women. See [Approved NH Formulary List](#) and the [Request for Special Formula and Authorization for WIC Supplemental Foods form](#).

Standard/Contract formulas NH WIC Program provides **Mead Johnson Enfamil Infant and Mead Johnson Enfamil ProSobee*** as the standard iron-fortified milk and soy-based formula for healthy infants during the first year of life. Mead Johnson's Enfamil Newborn (for infants 0-3 months of age), Enfamil Gentlease, and Enfamil Reguline are offered as alternate milk-based formulas per parental choice. Mead Johnson Enfamil AR* formula is available per nutritionist assessment and parental request. Other standard milk or soy-based infant formulas will not be provided by the NH WIC Program. Infants 6-12 months of age with a medical documentation requiring the delay of supplemental foods may be provided additional formula in lieu of infant foods normally provided at this time. See [Request for Standard Formula w/o foods form](#). * requires medical note/approval to be provided to premature infants.

WIC food packages and formula amounts

The amount of formula provided by WIC is linked to the age of the infant and feeding choice of the parent, i.e. breastfeeding, partial breastfeeding or formula fed. WIC is a supplemental nutrition program and the amount of formula provided is authorized by federal regulations. This amount may not meet all of the requirements of the participant. See [NH WIC Contract & Special Formulas—New Hampshire WIC Supplemental Food Packages and Maximum Quantities for Women, Infants and Children receiving Contract/Standard and Special Formula Chart](#). (page 3)

Whole milk may be provided per nutritionists' assessment to children 2-5 years old and women needing the extra calories of whole milk when they also receive a special formula due to a qualifying condition through the WIC or Medicaid Program.

Soymilk/tofu may be provided as a substitute for milk for women/children participants per request and a nutritionists' assessment. For children 12 to 24 months of age Prosoabee infant formula may be provided per HCPs request and completion of an RSF. (There are no other milk substitutes federally allowed at this time.)

Infant foods are available for adult/child participants on a special formula for whom solid foods are contraindicated. Jarred infant foods may be substituted for the fruit and vegetable voucher. Infant cereal may also be substituted for regular cereals.

For more information call, email or visit our website at:

1-800-942-4321 or 603-271-4546; wic@dhhs.state.nh.us
www.dhhs.nh.gov/dphs/nhp/wic