

Questions Commonly Asked About PRAMS

What is PRAMS?

PRAMS (Pregnancy Risk Assessment Monitoring System) is a joint research project between the New Hampshire Department of Health and Human Services and the Centers for Disease Control and Prevention (CDC). Our purpose is to find out why some babies are born healthy and others are not. To do this, our questionnaire asks new mothers questions about their experiences before, during, and after pregnancy and about their new baby. Each year in New Hampshire, too many babies are born with health problems. Some of these babies die. We need your help to find out why. No matter how your pregnancy went, your answers will help us learn more about ways to improve the chances for future mothers and babies in New Hampshire.

How was I chosen to participate in PRAMS?

Your name was selected by chance, like in a lottery, from the state birth certificate registry. You are one of a small number of women (1 in 12) who were chosen to help us in the study.

Will my answers be kept private?

Yes, all answers are kept completely private to the extent permitted by law. All answers given on the questionnaires will be grouped together with the responses of other women, to give us information on all New Hampshire mothers of new babies. In reports from the survey, no woman will be identified by name.

Are my answers really important?

Yes, very important! Every pregnancy is different and because only a small number of mothers are randomly selected, it is important to have everyone's answers to get a better overall picture of the health of mothers and babies born in New Hampshire. From the information you give us, we may be able to improve health care for women and children in New Hampshire. We need to know what went right as well as what went wrong during your pregnancy. Your help is really important to the success of our program.

Some of the questions do not seem related to health care—why are they asked?

Many things in a woman's life may affect her pregnancy. These questions try to get the best picture of the new mother's life and health care and things that happened to her during pregnancy.

What if I want to ask more questions about PRAMS?

Please call us at our toll free number 1-800-852-3345, extension 2081, and we will be happy to answer any other questions that you may have about PRAMS.

NH PRAMS

Maternal & Child Health Section
Department of Health & Human Services
29 Hazen Drive
Concord, NH 03301-6504
Phone 603-271-2081
Toll-free 800-852-3345 x2081
PRAMS@dhhs.state.nh.us