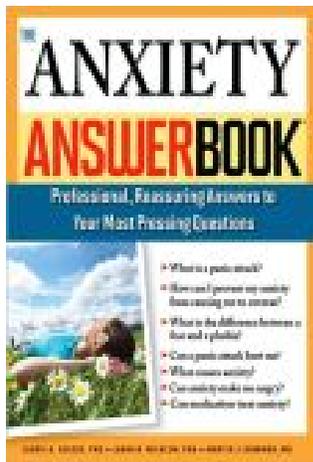
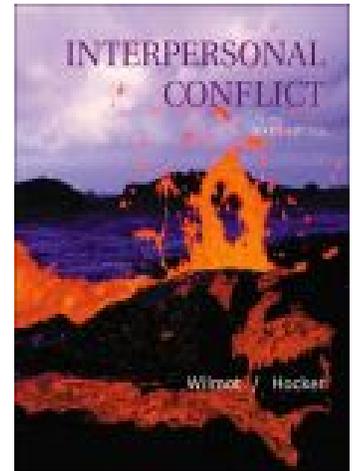


Featured Titles Available at the OCFA Resource Center

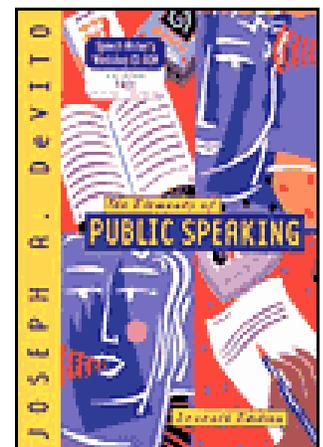
January 2013

Interpersonal Conflict, 6th Edition by Willam Wilcot, PhD, and Joyce Hocker, PhD. This book examines the nature of interpersonal conflict and how to assess and moderate it. The book also examines the dynamics of anger and describes how to negotiate with others for mutual gains.



The Anxiety Answer Book: Professional, Reassuring Answers to Your Most Pressing Questions, by Laurie Helgoe, PhD, and others. This book answers over 200 of your most important questions including, “Can some anxiety be healthy? Why do I worry? How do I deal with trauma-based anxiety?”

The Elements of Public Speaking, 5th Edition, by Joseph A. Devito. This book describes how to prepare and deliver a speech that informs or persuades listeners. Learn how to outline an argument, deliver messages effectively, and motivate others. Assessing an audience and how to express and receive constructive criticism are also covered.

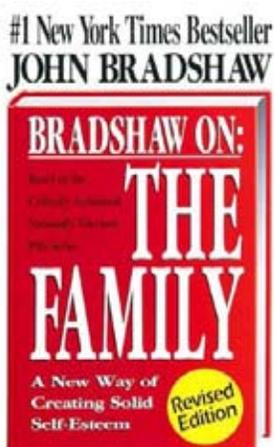
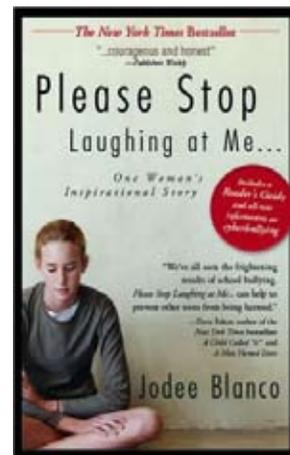


Contact or visit The OCFA Resource Center, NH BBH, Main Building, 2nd Floor South,
105 Pleasant Street, Concord, NH 03301-3852 · mbilson@dhhs.state.nh.us

1-800-852-3345, X5045 or 271-5045

Many Free Materials Are Available

Please Stop Laughing at Me: One Woman's Inspirational Story, by Jodee Blanco. While other kids were daydreaming about dances, first kisses, and college, Jodee Blanco was just trying to figure out how to get from homeroom to study hall without being taunted or spit upon as she walked through the halls. This vivid story will open your eyes to the harsh realities and long-term consequences of bullying.



Bradshaw on the Family: A Revolutionary Way of Self-Discovery by John Bradshaw. Mr. Bradshaw focuses on the dynamics of the family, and how the rules and attitudes learned while growing up become encoded within each family member. Through this book he teaches us that bad beginnings can be remedied, and families and individuals can be healed.

The Disabled and Their Parents: A Counseling Challenge, by Leo Buscaglia, PhD. Dr. Buscaglia emphasizes the urgent need for quality counseling for the disabled, and open communication between their parents and counselors. He feels that the most tragic result of inadequate counseling is the enormous loss of human potential.

